

Happy  
Mothers Day

from

Manchester  
Teas and Tarts

A British Pop Up  
Tearoom

Michelle and Melissa,  
Owners  
717-874-0518 or  
717-813-3114  
manchesterteasandtarts@  
yahoo.com

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How to make proper  
British tea and scones  
for Mum on mothers  
Day





# A Proper Cup of English Tea

British people LOVE their tea! They believe a cup of tea can cure anything. Having a bad day? Have some tea. Having a great day? Have some tea. Tired? Energetic? Have some tea! The British will have tea for any reason, any day of the week. It's a long-time tradition. Maybe that's why the British drink about 165 million cups of tea PER DAY!!! That's a LOT of tea!

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Let's learn how to make a proper cup of tea!

- ♥ Have your fine china ready! (teapot, teacups and saucers, creamer, sugar bowl, and teaspoons)
- ♥ Bring a pot of water to a boil. (Be sure an adult is with you for this step – always be careful with hot water!)
- ♥ Add Mom's favorite tea to your teapot (English breakfast, Earl Grey, or Rhubarb and Custard are a few British favorites).
- ♥ Pour your hot water into the teapot (VERY carefully!) and let the tea steep (sit there) for at least 5 minutes.
- ♥ After the tea has steeped, add cream and sugar for the perfect "cuppa" tea (as the British would say).
- ♥ To give Mom a real British treat, serve her tea with scones and finger sandwiches (no, not sandwiches made out of fingers – just regular little sandwiches!

If you do all of this, your Mom will enjoy a British tea posh enough for the Queen herself.

# Scones: the perfect tea partner!

If you want your Mum (that's British for Mom) to enjoy a real posh tea, you must give her scones! Scones are a sweet type of biscuit that are perfect with butter or any kind of jam. If you think the Brits love their tea, you can't imagine how much they love their scones! They've been around since the 1500's, and aren't going away any time soon!

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Here's a recipe for scones (be sure to have an adult help you!)

## ♥ The ingredients!

- ♥ 2  $\frac{3}{4}$  cups of flour
- ♥ 1 tablespoon of baking soda
- ♥  $\frac{1}{2}$  teaspoon of salt
- ♥  $\frac{1}{4}$  cup of cold butter
- ♥  $\frac{1}{2}$  cup of sugar
- ♥  $\frac{1}{2}$  cup of raisins or sultanas (British raisins) soaked in hot water for 10 minutes and then drained
- ♥ 2 large eggs
- ♥ Egg wash (another large egg mixed with a tablespoon of water)

## ♥ The instructions!

In a medium bowl, mix the flour, baking soda, and salt together. Add the butter and work it into the mix until it becomes like corn meal. Add the two eggs (just the insides – not the shell!), milk, and raisins. Mix until a soft dough forms. Put the dough on a well-floured surface and knead it just a couple of times. Roll the dough to a half-inch thick and cut it with a round cookie cutter. Place the scones on a cookie sheet lined with parchment paper and brush with the egg wash. Bake at 400 degrees for 13-15 minutes. Serve your proper British scones with your proper British tea and watch your Mum enjoy!

# British vs. American Game

Many words in Britain are very different from American words for the same thing. Below are 50 British words and the American words we use instead. Ask Mum the British word and see if she can figure out what we would call it. Have fun!



## British

Biscuits  
Sweets  
Chips  
Crisps  
Jam  
Jelly  
Rubbish  
Cooker  
Loo  
Queue  
Jacket potato  
Banger  
Plaster  
Bonnet  
Boot  
Purse  
Handbag  
Jumper  
Telly  
Iced Lolly  
Trainers  
Garden  
Flat  
Starter  
Fringe  
Wardrobe

## American

Cookies  
Candy  
French fries  
Potato chips  
Jelly  
Gelatin/Jello  
Trash  
Stove  
Bathroom  
Get in a line  
Baked potato  
Sausage  
Band-aid  
Hood (car)  
Trunk (car)  
Girl's wallet  
Purse  
Sweater  
Television  
Popsicle  
Sneakers  
Yard  
Apartment  
Appetizer  
Bangs  
Closet

## British

Ladybird  
Cellotape  
Candy Floss  
Torch  
Nappy  
Dustbin  
Petrol  
Lift  
Postbox  
Dummy  
Trousers  
Car Park  
Full stop  
Public school  
State school  
Dressing gown  
Trolley  
Football  
Parcel  
Takeaway  
Underground  
Braces  
Lorry  
Indicator  
Holiday  
Mum

## American

Ladybug  
Scotch tape  
Cotton cancy  
Flashlight  
Diaper  
Trash can  
Gasoline  
Elevator  
Mailbox  
Pacifier  
Pants  
Parking lot  
Period  
Private school  
Public school  
Bathrobe  
Shopping cart  
Soccer  
Package  
Take-out  
Subway  
Suspenders  
Truck  
Turn signal  
Vacation  
Mom

# Have tea anytime in England!

The English, as we said, love their tea! Their day is filled with opportunities to drink this wonderful liquid. Below is a list of all the different tea times you will find in British culture. Try to imagine drinking anything as often as the British drink their tea!



**Wake up!** It's 6 a.m.! Have a cup of tea!



**Elevensies:** It's almost 11 - tea and crumpets, please!



**Afternoon tea:** 12 noon to 4 p.m. - tea, scones, and finger sandwiches! (Use your fingers, don't eat them!)



**Tea time!** So when a Brit says "I'm having tea" around 5 p.m., they are NOT having a cup of tea! They are having their evening meal. STOP CONFUSING ME!!! In American, we would call this "supper" or "dinner"!



**High tea!** 6 p.m. High tea was originally for the servants who ate at a "high-top" counter after they served the evening meal. They got the leftovers! Now it means a very posh high-scale affair which can be VERY expensive.



**Supper!** 8 p.m. Now remember what I said at tea time, because this is not what you think. It is NOT a meal! It is – you guessed it – more tea! Now you have tea and crumpets or tea and biscuits (cookies in America – they're only cookies in Britain if they have chocolate chips in them. Crazy, right?)

If you look closely, you will have tea all day long in England! Enjoy a cuppa with your mum on Mother's Day!

# Afternoon tea etiquette

Oh, how civilized!



- #1 Dress appropriately! Pretty dresses and gloves, and don't forget the big hats, please!
- #2 No phones on the tables, please! But you could hide it under your hat! LOL!
- #3 Hold you cup by the handle - it is the proper thing to do.
- #4 Put your pinky finger DOWN!!! Or face time-out!
- #5 When you add cream and sugar to your tea, stir your tea up and down, not in circles. We are making tea, not waves!
- #6 NEVER drink your tea, with the teaspoon in your cup! You could get a poke in the eye!
- #7 Never, EVER put your teaspoon in your mouth! NOT very posh!
- #8 The saucer stays on the table and NEVER on your head (like in Alice in Wonderland)! A big no-no!
- #9 Chin-chin! That's a British toast to express good wishes before drinking

When all of this is done correctly, then sit back and enjoy your tea!